

Vol VI Issue 1 June 2020

ISSN (P) : 2395-7352

eISSN : 2581-6780

MIZORAM UNIVERSITY
JOURNAL OF
HUMANITIES & SOCIAL SCIENCES
(A Bi-Annual Refereed Journal)





MIZORAM UNIVERSITY JOURNAL OF HUMANITIES & SOCIAL SCIENCES

A Refereed Bi-annual Journal

**ISSN(P): 2395-7352
eISSN: 2581-6780**

Chief Editor

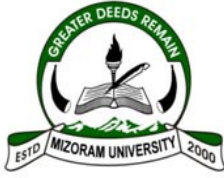
Prof. Srinibas Pathi

Editor

Prof. Sanjay Kumar

**Volume VI, Issue 1
June 2020**

**MIZORAM UNIVERSITY
NAAC Accredited Grade 'A' (2019)
(A CENTRAL UNIVERSITY)
TANHRIL, AIZAWL – 796 004
MIZORAM, INDIA**



MIZORAM UNIVERSITY JOURNAL OF HUMANITIES & SOCIAL SCIENCES

A Refereed Bi-annual Journal

**ISSN(P): 2395-7352
eISSN: 2581-6780**

Editorial Board

Patron : Prof. K. R. S. Sambasiva Rao, Vice Chancellor, Mizoram University, Aizawl

Advisors : Prof. Lalnundanga, Registrar, Mizoram University, Aizawl

: Prof. Margaret Ch. Zama, Department of English, Mizoram University, Aizawl

Chief Editor : Prof. Srinibas Pathi, Department of Public Administration, Mizoram University, Aizawl

Members, Editorial Board

Prof. NVR Jyoti Kumar, Department of Commerce, Mizoram University, Aizawl

Prof. Lalhmasai Chuaungo, Department of Education, Mizoram University, Aizawl

Prof. Sanjay Kumar, Department of Hindi, Mizoram University, Aizawl

Prof. J. DOUNGEL, Department of Political Science, Mizoram University, Aizawl

Dr. V. Ratnamala, Department of Mass Communication, Mizoram University, Aizawl

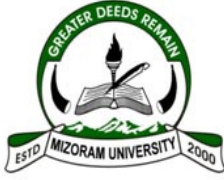
Dr. Hmingthanzuali, Department of History & Ethnography, Mizoram University, Aizawl

Dr. Ruth Lalremruati, Department of Mizo, Mizoram University, Aizawl

Journal Website Consultant

Dr. Akhandanand Shukla, Department of Library & Information Science, Central University of Tamil Nadu, Thiruvavur, Tamil Nadu

Formerly with Mizoram University, Aizawl



MIZORAM UNIVERSITY JOURNAL OF HUMANITIES & SOCIAL SCIENCES

A Refereed Bi-annual Journal

**ISSN(P): 2395-7352
eISSN: 2581-6780**

Journal Advisory Board

Prof. Esther Syiem, Department of English, North-Eastern Hill University, Shillong

Prof. Vidyadhar Reddy Aileni, Director, Centre for Management Studies, NALSAR University of Law, Hyderabad

Prof. Nand Kishore Pandey, Director, Kendriya Hindi Sansthan, Hindi Sansthan Marg, Agra

Prof. J. K. Sarmah, Department of Political Science, Gauhati University, Guwahati

Prof. R. Thangvunga, Former Head, Department of Mizo, Mizoram University, Aizawl

Prof. Rekha Pande, Department of History, University of Hyderabad, Hyderabad

Prof. Biswajit Das, Director, Centre for Culture, Media and Governance, Jamia Milia Islamia, New Delhi

Prof. R. P. Shukla, Faculty of Education, Banaras Hindu University, Varanasi

Prof. Amareswar Mishra, Former Head, Department of Political Science, Utkal University, Bhubaneswar



MIZORAM UNIVERSITY JOURNAL OF HUMANITIES & SOCIAL SCIENCES

A Refereed Bi-annual Journal

ISSN(P): 2395-7352
eISSN: 2581-6780

CONTENTS

Volume VI, Issue 1

June 2020

From the Desk of Chief Editor vi

Lead Article

Does India Really Need Electoral Reforms 1
Srinibas Pathi

Humanities Section

'Bitiya Chhathi Mai Ke': Voice of Women Identity 9
Sanjay Kumar

Social Sciences Section

Problems of Higher Education in Tripura 32
Sanjoy Roy

Shifting Cultivation and Environment: A Study of Subsistence to Profit in Mizoram 47
Alexander Lalliantluanga Pachuau & Oinam Hemlata Devi

Land Culture of the Tribes: A Scientific Approach to Identification of Tribes in Northeast India 62
R Zonunsanga

A Case Study on the Use of Social Media by a Health Professional in Aizawl 67
Lalremruati Khiangte & William Lalramhmachhuana

Bond of Unity amidst Diversity in Mizoram 76
Zarzoquali

A Study of Biodiversity in the Light of Place Names of Nagaon District <i>Himangsu Sarmah</i>	86
A Study of Youth Dormitories in Northeast India <i>Lalchhanhima</i>	95
Evolution of Party System in India <i>L. H. Chhuanawma</i>	105
The Armed Forces (Special Powers) Act, 1958 and Fundamental Rights: A Discourse <i>Joseph C. Lalremruata</i>	116
Issues of Governor and Article 356 in Mizoram <i>Lalrinnggheta</i>	125
Mizoram Planning Board: Composition, Functions and Challenges <i>Ramthanpuia Pachuau</i>	131
Health Consciousness and Fast Foods: A Study among College Students in Lunglei Town, Mizoram <i>R. Lalnunthara & NVR Jyoti Kumar</i>	142
What Ails Zokhawthar – Rih Border Trade <i>Lily Sangpui, Kanagaraj Easwaran & Zawlringum Pulamte</i>	153
Psychosocial Issues of Adolescents Living with Single Parent Families <i>John Lalmuanawma & H. Elizabeth</i>	163
Stress and Coping Strategies of Youth: A Study at Venglai Community, Lunglei, Mizoram <i>C. Lalengzama & Gracy Lalrinfeli Fanai</i>	176
Lived Experiences of Children with Disabilities: Some Case Studies from Aizawl, Mizoram <i>C. Lalmuanpuii & Henry Zodinliana Pachuau</i>	189
Collectivistic Culture Orientation across Age and Gender in a Mizo Society <i>Grace Lalkhawngaihi & H. K. Laldinpuii Fente</i>	199
Political History of Lushai Hills since the Pre-Colonial Era <i>R. Vanlalmangaihsanga</i>	210

From the Desk of Chief Editor

The entire world has changed during the first half of the year 2020 due to the spread of COVID-19 pandemic throughout the length and breadth of the globe that has engulfed about 213 countries. It is caused by a new virus, not known till it appeared and started to affect the people and attack almost all sectors of the socio-economic life. Millions of people have been affected and many have lost their lives. Many more are struggling for survival. The World Health Organisation has predicted that this menace is far from over. We may have to live with it for many more months to come. Vaccines are not available. Different countries and clinical laboratories as well as research agencies are trying their level best to come up with possible vaccines. But the WHO protocol says that the minimum time frame from invention to clinical trial and tests on humans and subsequent mass production can take anything between eighteen months to twenty four months.

Now we talk about two era i.e. pre-COVID and post-COVID. The norms of life and living include, among others, social distancing, frequent washing of hands, hygiene, lockdown, closure of all types of activities relating to economy, production, travel, education, culture, etc. The new normal situation talks about on line education, e-commerce, less travel, division of areas into green, orange or red zones depending upon severity of positive cases affected by the virus. Human civilization has faced somewhat similar challenge in 1918 Spanish flu epidemic that had affected large part of the world. The human society survived. During the next one hundred years, a lot of spectacular achievements could be seen. So, let us pray and believe that this phase of the pandemic will also come to an end. Hope is the only permanent companion of human civilization.

We express our earnest gratitude and thanks to the University authorities, Advisers, Editorial Board Members and Website Consultant, Authors, et al. who have been our constant source of support and inspiration in the publication of the Journal.

Srinibas Pathi
Chief Editor